

SIGNATURE SALADS

SUNSHINE DAYDREAM

\$9.99

Girl & Dug Farms Caroline Greens, cabbage, radish, avocado, onion sprouts, basil, mint, parsley, carrots, cucumber, sunflower seeds, strawberry balsamic vinaigrette

GOLD & GREEN

\$10.99

Freekeh, barley, goldenberries, green onions, chicories, toasted walnuts, Midnight Moon goat cheese, crispy brown rice, ginger shallot dressing

MANDARIN CRISPY CHIK'N SALAD

\$12.99

Napa cabbage, romaine hearts, carrots, plant-based fried chik'n, Ojai Pixie tangerines, toasted cashews, sesame seeds and ginger honey soy dressing

FALA FULL

\$12.99

Romaine hearts, fresh housemade falafel, roasted cauliflower, avocado, cucumber, cherry tomato, green garbanzos, lemon tahini dressing

NEWFOUND CAESAR

\$8.99

Romaine lettuce, parmesan, avocado, watermelon radish, garlic croutons, Caesar dressing

BOBB COBB

\$11.99

Romaine lettuce, smoked chicken, applewood bacon, avocado, cherry tomatoes, egg, herbs, zinfandel dressing

GIDDY UP COWBOY

\$13.99

Romaine hearts, grilled flatiron steak, red bell pepper, tomatoes, black beans, scallions, Point Reyes bleu cheese dressing, honey drizzle

CREATE YOUR OWN \$9.99

PICK
2

GRAINS, GREENS & BEANS

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|-------------------------|----------------------|
| Girl & Dug Field Greens | Brown Rice |
| Baby Kale | Freekeh/Barley Mix |
| Baby Spinach | Black Beluga Lentils |
| Baby Rocket Arugula | Green Garbanzos |
| Romaine Hearts | Black Beans |
| Quinoa | Edamame |

PICK
5

ESSENTIALS

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|------------------------------------|-------------------|
| Shredded Rainbow Carrots | Cucumber |
| Red Cabbage | Red Onion |
| Napa Cabbage | Blueberries |
| Jicama | Cherry Tomatoes |
| Bell Peppers | Onion Sprouts |
| Watermelon Radish | Crispy Shallots |
| Celery | Crispy Garlic |
| Shaved Fennel | Crispy Brown Rice |
| Broccoli | Furikake |
| Shredded Beets | Garlic Croutons |
| Scallions | Sunflower Seeds |
| Flat Leaf Parsley | |
| Cilantro, Mint, Basil Mix | |
| Chives, Tarragon, Parsley Herb Mix | |

CREATE YOUR OWN

PICK
5

CORE

Strawberries

Caramelized Red Onions

Roasted Beets

Roasted Brussels

Roasted Tomatoes

Roasted Butternut Squash

Roasted Romanesco

Pickled Red Onions

Marinated Artichokes

Shredded Cheddar

Shredded Parmesan

Marinated Sesame Tofu

PICK
2

DRESSING

Lemon Juice

Extra Virgin Olive Oil

Ginger Shallot Dressing

Buttermilk Ranch

Strawberry Balsamic Vinaigrette

Meyer Lemon Vinaigrette

Point Reyes Bleu Cheese Dressing

Classic Caesar Dressing

Zinfandel Dressing

Lemon Tahini Dressing

**ADD A PROTEIN TO ANY SALAD
FOR AN ADDITIONAL CHARGE**